



SUMMIT VELO

3 Bears #1 Time Trial

Presented by Summit Velo

May 15, 2022 (Sunday)

Held under USAC Permit # 2022-5492



Summit Velo is proud to host the 3 Bears #1 20K Time Trial (TT). The time trial will be held at Picacho Peak, Arizona, just east of Picacho Peak State Park and just north of Bowlin's Picacho Plaza. This location is conveniently located halfway between Tucson and Phoenix. We will have the first rider off at 7:00 a.m. **We are still taking some COVID mitigation steps so pay particular attention to the BOLD RED highlights. We need your help adhering to our approved guidelines so we can continue to get approval for our races.**

While the course has low vehicular traffic, racers must still stay to the right side of the road except for safety and passing! There will be race officials on the course to enforce this rule!



START:

ALL STARTS WILL BE FOOT DOWN. WE WILL NOT HAVE A HOLDER. First Start will be at 7:00 a.m. Start times will be posted on race website SummitVelo.Org by 8:00 p.m. Friday, May 13th. **Your start time will also be written on your bib number.**

REGISTRATION:

Registration will only be online at BIKEREg.Com; no day-of registration or one-day licenses sold at the event. **You must sign your waiver release online when you register for the race. We will not have your waiver to sign at the event.** Registration closes **Wednesday, 11 May @ 8:00 PM.**

Registering for two events is allowed, but you may not have enough time between the finish of your first event and the start of your second. We will try to facilitate maximum times between events. However, if we do not have enough racers, you will probably only race one event. If this happens, we will let you know well before race day and refund your registration fee.

RACE FEES:

	<i>Time Trial</i>	<i>Tandem</i>	<i>Juniors (\$10)</i>
Until Sun. 4/17, 11:59 PM	\$30	45	
Mon 4/18, 12:00 AM-Sun 5/1, 11:59 PM	\$35	50	
Mon 5/2, 12:00 AM–Weds 5/11, 8:00 PM	\$40	55	

CATEGORIES:

Women’s: Pro 1/2, 3, 4, 5, 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, Fixed open, MTB, Hand Cycle Open, Recumbent Open, Merckx Open**, Merckx 40-59**, Merckx 60+**.

Men’s: Pro 1/2, 3, 4, 5, 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, Fixed Open, MTB, Hand Cycles Open, Recumbent Open, Merckx Open**, Merckx 40-59**, Merckx 60+**.

Juniors: 9-14 and 15-18 (all) *****NOTE: Read the rollout directions below.*****

Tandems: Men, women, and man/woman combo.

**** MERCKX Equipment Criteria:** Merckx bikes are legal road bikes for mass start events (i.e. no Aero wheels, no aero bars). Aero helmets and skin suits are allowed. Any wheel that is legal for a mass start road race is legal for a Merckx race, so there is no limit on the rim depth. Each wheel must have a minimum of 16 spokes, regardless of the rim depth.**

PACKET PICK UP:

Packet pick up will start no earlier than 5:30 AM (close at 7:30) and will be as you drive into the dirt parking lot/warm-up area. **Please remain in your car and follow the traffic cues to pick up your bib # packet (it will have your start time marked on it). Once you have your bib proceed to park and warm-up. The porta-potties and hand sanitizing stations will be in the warm-up area; please follow the marked traffic flow. Also, please maintain at least 6' between your trainers as you set-up.**

BIB PICK-UP/PARKING/WARM-UP/STAGING:

Dirt parking lot at the BOLIN TRAVEL CENTER, 16098 E Camino Adelante Dr., Eloy, AZ. Recommend you bring your trainers for a good warm-up. Lessons learned from previous races:

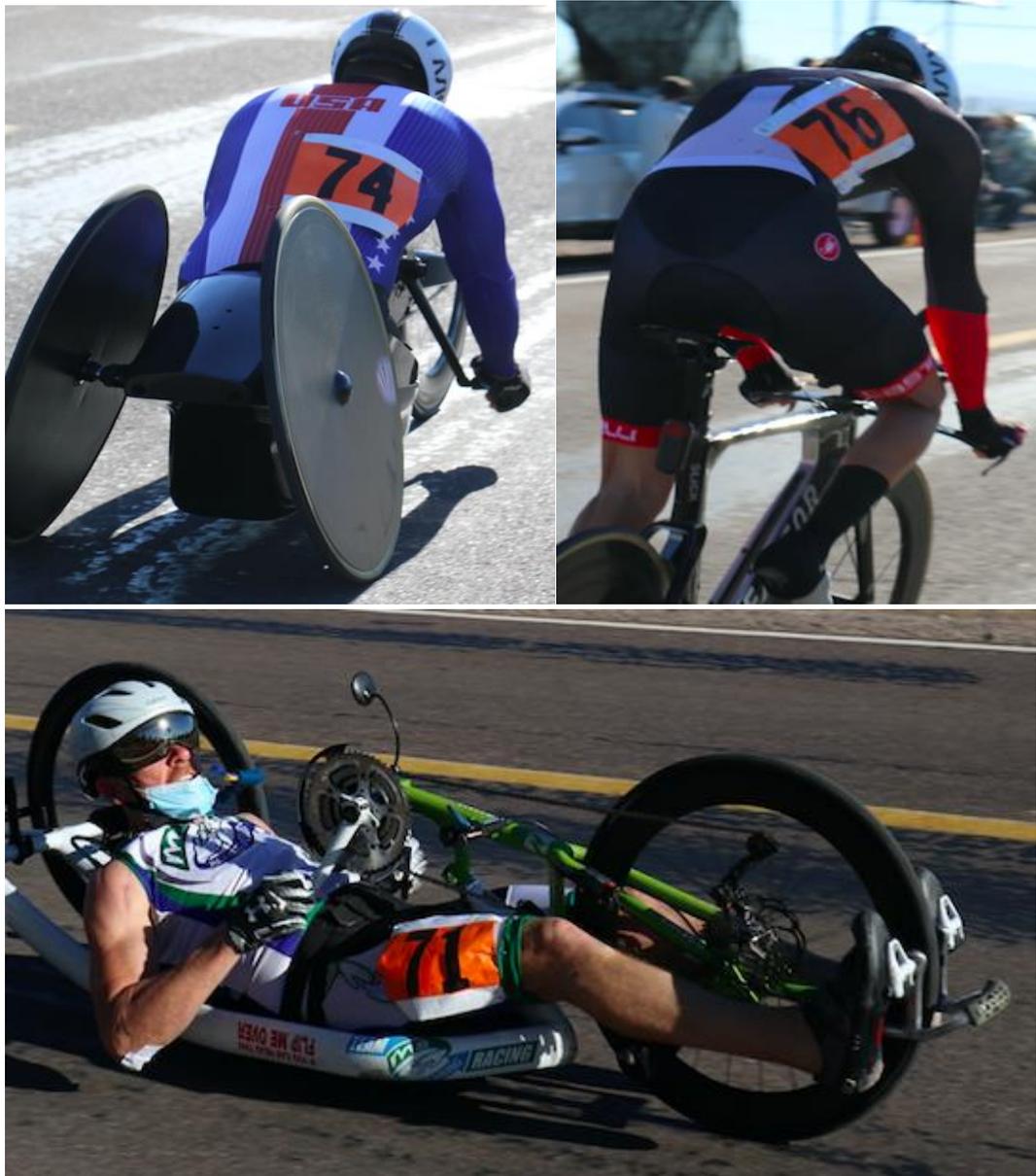
- **Please do not park on or block the gas refueling pad (see “NO PARKING” area on image below); Bowlin may have a gas delivery on race day and they need access. Also, please park where you won’t impede the exit of those 18-wheelers that are remaining in the parking lot, they have deliveries to make and need to be able to exit the parking lot.**
- **All riders warming up on the course must be off the course by 0700.**
- **Please do not get to the staging area too early (we want to minimize congestion). If you get there earlier than 5 minutes before your start time, please don’t get in line.**



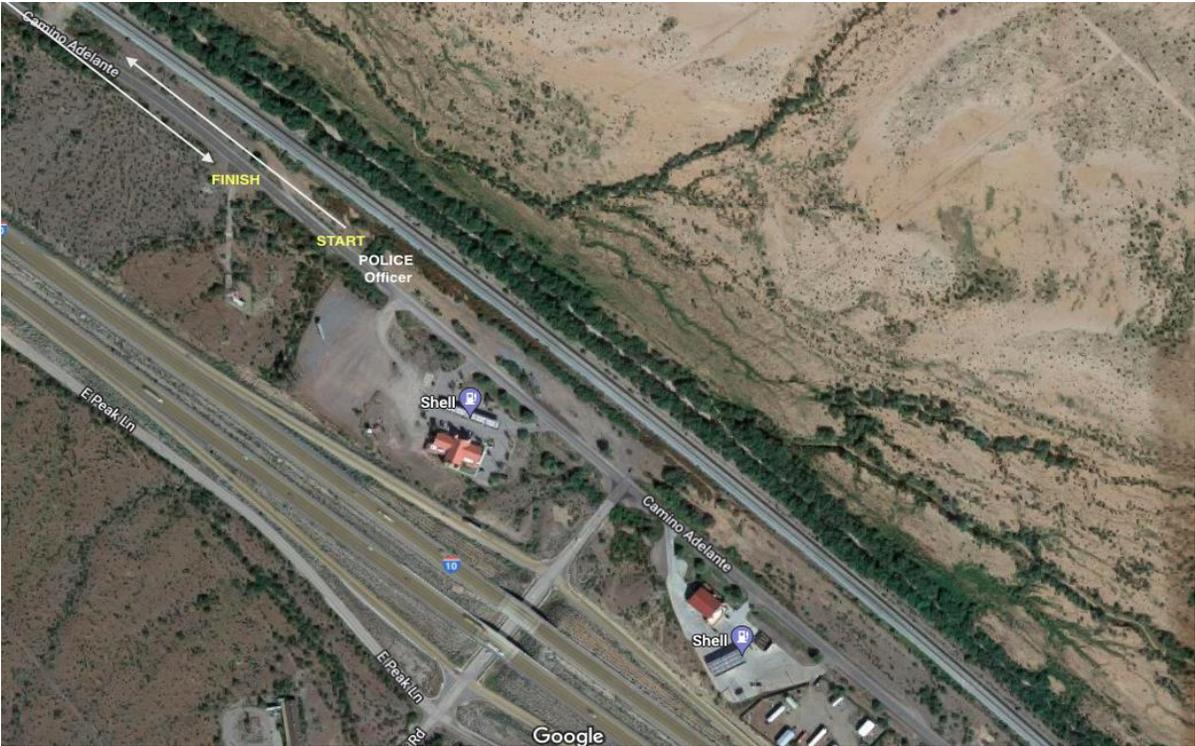
JUNIOR ROLL OUT: All junior racers will be required to accomplish a rollout between 0600 – 0645. The rollout will be accomplished at FINISH LINE scoring booth. Juniors will rollout their own bike with supervision from our staff (we will not be touching the bike). According to USAC rules, the rollout distance for this event will not exceed 26 feet. This means the largest gearing a junior is allowed to use must be less than 26'. This video shows how a rollout is accomplished

<https://www.youtube.com/watch?v=QsD1NTZpSs0>

BIB # PLACEMENT: RIGHT SIDE. Proper placement of the bib # is necessary so our officials can accurately read your number and record your time when you cross the finish line. The photos below show the proper placement for kneelers/upright (right back) and recumbents (right leg).



TIME TRIAL COURSE: The Time Trial will be held near Picacho Peak State Park, conveniently located halfway between Tucson and Phoenix. This is a flat course. At the start, you will head north (away from the warm-up dirt parking lot) and at approximately the 10km point execute a 180-degree turn and return to the finish. For our hand-cyclists, this turn can be tight, so make sure you are well to the right to allow enough turning room. There will be no warming up on course after the first rider has started. Lastly, please do not drive on the race course for your trip home while others are still on the course.



RACE RESULTS:

We will compile and post the race results as soon as possible on summitvelo.org. Anticipated posting will be approximately 8pm that evening. Look for your notification email from the race director.

Participants (Riders)

- **Riders should not hug, high five, touch each other at any point before, during or after their event.**
- **Riders should not spit or blow their nose in common spaces/public areas.**
- **Finishing riders should exit the finish area after they are done racing.**

Spectators

- **Anyone interested in spectating will be encouraged to find a remote spot on the course to show support for riders.**

DIRECTIONS: From Tucson: Take I-10 and Exit #219, turn right onto Piacho Pk State Park, turn left on E Camino Adelante Dr, parking will be on your left just past the gas pumps.

From Phoenix: Take I-10 and Exit # 219, turn left onto Piacho Pk State Park, turn left on E Camino Adelante Dr, parking will be on your left just past the gas pumps.

Please contact Craig Croxton (croxtonca@msn.com) with your questions.